

**A LIST OF SOME COUNSELORS IN THE OMAHA AREA:**

**CITY CARE COUNSELING: 402 916 9421**

**<http://www.citycarecounseling.org>**

Stacey Aneilla (LIMHP)  
Nathan Seadore (LIMHP)  
Sharon Baker (LIMHP)  
Cindy Freemyer (LMHP)  
Tiffanie Thompson (LCSW)  
Dana Herr (LMHP)  
Becky Smith (LIMHP)  
Keaton Kliener (LIMHP)  
Krista Holley (LMHP)  
Alicia Kurzenberger (LCSW)  
Cassie Hungerford (LIMHP)  
James Connelly (LIMHP)  
Dianne Amstutz (LMHP)

**THE CORE AT KING OF KINGS 402 763 1808**

**<https://www.thecoreomaha.com>**

Kyle Mabus (LMHP)  
Stephanie Rowe (LIMP)  
Yvone Nachtigall (Licensed Pastoral Counselor)  
Cainos Manyara (PLMHP)  
Tami Boesiger (PLMHP)  
Dr Brenda Neyens (LMHP)

**INDEPENDENT COUNSELORS**

Jeannie Hughes (LMHP) 913 730 0789  
Pam Heidzig (PLMHP) 402 301 5675  
Michael Arnold (LIMHP) 402 401 7567  
Lilian Curtis (LIMHP) 402 578 1255  
Janette Stallings (MA, MSN, APRN, PMHNP) 402 614 0010  
Carol Sheffield (LMHP; LADC) 402 670 9108  
Josh Winingar (LMHP) 402 546 9585  
LaRhonda Flowers (LIMHP; LDAC) 402 917 1054  
Hillary Chaney (LIMHP) (402) 253-0687

**Note:**

Most of the counselors will see almost anyone and take most insurance. The best way to connect with a counselor that meets your need is to call. Make an initial appointment (mostly free) and figure out if it's a good fit.

This is not a comprehensive list. For a more comprehensive list, please visit:

<https://www.psychologytoday.com/us/therapists>